

Jahresbestenliste 2002

MÄNNER

FRAUEN

400 m					
Christian	Vogel	0:51,34			
Matthias	Pröbsting	0:53,84			
800 m					
Matthias	Pröbsting	2:02,70			
1 km					
Christian	Vogel	2:38,30	Anne	Holtkötter	03:34,16
Rafael	Dr. zu Vischering	2:43,64			
Thorsten	Ortlepp	3:45			
1500 m					
			Anne	Holtkötter	05:27,90
3 km					
Gunnar	Lange	9:19,30	Rita	Lanwer	11:04,50
Christian	Vogel	9:25,20	Anne	Holtkötter	11:24
Rafael	Dr. zu Vischering	9:53			
Michael	Holtkötter	10:26			
Andreas	Nergenu	11:12			
Bernhard	Kreienbaum	11:44,85			
Werner	Driese	12:16			
Heinz	Hoveling	14:24			
5 km					
Christian	Schrandt	15:51,90	Rita	Lanwer	19:12,23
Gunnar	Lange	16:40	Anne	Holtkötter	19:56
Christian	Vogel	16:53,29	Brigitte	Ziegler	20:17,43
Rafael	Dr. zu Vischering	16:53,48	Hannelore	Horst	20:38
Thomas	Homann	17:39	Ruth	Lutz	21:10
Martin	Kanne	17:50	Heike	Frerick	21:13
Hans	Reimann	17:54,73	Maria	Feyerabend	21:37
Andreas	Clausing	18:36	Maria	Hemsing	21:57
Michael	Holtkötter	18:39	Sigrid	Petry	22:37
Ewald	Fikus	18:46	Sabine	Roleff	22:41
Andreas	Nergenu	19:16	Annette	Schwarzkopf	24:44
Bernd	Huesker	19:17	Beate	Hagemann	24:52
Dieter	Sternberg	19:17	Heidi	Dittrich	24:59
Andreas	Beßeling	19:18	Cecilia	Pöpke	25:59
Berthold	Kökelsum	19:19	Ulrike	Deppe	28:42
Stanislav	Bartusiak	19:21	Sunniva	Schulz	28:46
Bernhard	Kreienbaum	19:46	Beate	Bußmann	32:02
Michael	Drewes-Kuhlmann	19:48	Ingeborg	Kanter	33:43
Dr. Helge	Prinz	20:11	Monika	Kristowiak	34:02
Alexander	Milden	20:20,90	Gabriele	Börger	34:17
Gottfried	Schäfers	20:23,93	Gisela	Hoischen	35:06
Magnus	Grüger	20:33	Kornelia	Sommerfeld-P.	37:54
Theo	Lauhoff	20:49			
Horst	Bodenberger	21:00			
Helmut	Ortlepp	21:07			
Wilhelm	Thonemann	21:07			
Johannes	Horst	21:22			
Winfried	Tillmann	21:30			
Georg	Wetterau	21:39			
Peter	Volkmer	21:52			
Bruno	Roleff-Schweers	22:04			
Heinz	Hengefeld	22:20			

5 km

Jürgen	Sieme	22:28
Ulrich	Radusch	22:47
Holger	Venjakob	23:11
Hinz	Völkert	23:28
Heinz	Hoveling	24:19
Georg	Wennekers	24:29
Klaus	Lietzow	24:35
Ulrich	Maurer	25:16
Friedhelm	Neuhaus	25:21
Thorsten	Ortlepp	25:23
Bernd	Böckers	26:03
Fritz	Koch	26:12
Thorben	Fromme	26:27
Bernhard	Homann	26:52
Rudi	Völlering	29:04
Florian	Milden	29:14
Volker	Wolfgramm	31:31
Florenz	Plassmann	31:34
Uwe	Peter-Pollmann	32:59
Udo	Kristowiak	35:54
Ludwig	Dornseif	37:55

10 km

Matthias	Pröbsting	34:12	Rita	Lanwer	39:07
Markus	Ischner	35:25	Hannelore	Horst	40:04
Christian	Vogel	36:20	Christiane	Graeber	41:07
Rafael	Dr. zu Vischering	36:45	Brigitte	Ziegler	41:25
Hans	Reimann	37:38	Anne	Holtkötter	41:37
Ewald	Fikus	37:50	Maria	Feyerabend	42:58
Markus	Hawel	37:52	Ruth	Lutz	43:18
Andreas	Beßeling	38:12	Ute	Eckenbach	43:28
Jürgen	Düking	38:17	Maria	Hemsing	45:43
Michael	Holtkötter	38:30	Sigrid	Petry	46:58
Andreas	Clausing	38:33	Heidi	Dittrich	48:58
Reinhard	Zumdick	38:56	Ruth	Farke	49:04
Bernhard	Paßlick	38:58	Marlies	Sprenger	49:11
Bernd	Huesker	39:43	Beate	Hagemann	50:02
Stanislav	Bartusiak	39:45	Ingrid	Johannes	50:23
Bernhard	Kreienbaum	39:51	Christine	Herbert	50:27
Berthold	Kökelsum	40:16	Christel	Löchte	50:59
Andreas	Krämer	40:19	Elke	Buth	51:08
Dieter	Sternberg	40:53	Parvin	Kamp	51:54
Stefan	Chrzanowski	41:14	Anne	Thonemann	53:11
Thomas	Ischner	41:33	Cecilia	Pöpke	53:15
Gottfried	Schäfers	41:38	Ute	König	53:45
Manfred	Fleige	41:39	Helga	Landfried-T.	55:30
Andreas	Nergenu	42:08	Inke	Teodoruk	57:37
Johannes	Horst	42:25	Sunniva	Schulz	59:34
Dr. Helge	Prinz	42:33	Gabi	Ringas	59:48
Stefan	Heitmann-Lammers	43:04	Mechthild	Wolfgramm	59:55
Michael	Drewes-Kuhlmann	43:16	Ulrike	Deppe	01:00:04
Magnus	Grüger	43:17	Ursula	Claus	01:01:19
Theo	Lauhoff	43:28	Simone	Löchte	01:01:48
Wilhelm	Thonemann	44:03	Birgit	Nathaus	01:01:54
Heinrich	Dörries	44:07	Petra	Caspari	01:02:15
Thomas	Stöber	44:34	Dorothea	Tewes	01:06:15
Benedikt	Vennemann	44:42	Christa	Barlogie	01:10:39

10 km

Gregor	Hensen	44:49	Kornelia	Sommerfeld-P.	01:15:08
Ulrich	Budde	45:03	Gisela	Hoischen	01:15:08
Hartwig	Kerkhoff	45:21	Gabriele	Puke	01:16:12
Georg	Wetterau	45:38			
Peter	Volkmer	46:07			
Heinz	Hengefeld	46:07			
Holger	Venjakob	46:17			
Werner	Driese	46:18			
Jürgen	Kallerhoff	46:23			
Ulrich	Radusch	46:23			
Helmut	Neuhaus	46:34			
Klaus	Becker	46:35			
Jürgen	Sieme	46:38			
Marcus	Averbeck	47:01			
Helmut	Ortlepp	47:02			
Christian	Jabs	47:19			
Helmuth	Eiken	47:41			
Michael	Leinz	47:52			
Stephan	Hinssen	48:04			
Fred	Uerdingen	48:07			
Josef	Niehoff	48:10			
Manfred	Werning	48:23			
Bodo	Bruder	48:30			
Hinz	Völkert	49:02			
Heinz	Hoveling	49:15			
Bernd	Böckers	49:41			
Achim	Wahle	49:47			
Bernhard	Lauhoff	49:50			
Horst	Verspohl	50:18			
Jürgen	Breforth	50:54			
Dieter	Rohloff	51:11			
Udo	Twelkemeier	51:27			
Uwe	Veen/ter	51:45			
Oliver	Hasenkamp	52:53			
Ulrich	Maurer	52:54			
Thorsten	Spitta	53:49			
Georg	Wennekers	53:50			
Kai-Uwe	Kock	54:41			
Horst	Schulz	55:04			
Andreas	Hasebrock	55:06			
Richard	Mol	55:22			
Jürgen	Schmitz	59:31			
Lars	Haußer	01:00:53			
Jürgen	Koßmeier	01:01:50			
Rolf	Ottensarend	01:02:00			
Florenz	Plassmann	01:04:34			
Volker	Wolfgramm	01:07:53			
Klaus	Wiemann	01:11:08			
Bernd	Ernesti	01:16:25			

15 km

Hans	Reimann	57:13	Rita	Lanwer	01:00:26
Michael	Holtkötter	59:50	Eva	Kammer	01:04:23
Gunnar	Lange	01:00:35	Anne	Holtkötter	01:05:35
Andreas	Nergenu	01:02:26	Brigitte	Ziegler	01:05:53
Stefan	Chrzanowski	01:02:55	Ute	Eckenbach	01:07:32
Gottfried	Schäfers	01:05:04	Maria	Feyerabend	01:07:43
Michael	Drewes-Kuhlmann	01:05:18	Maria	Hemsing	01:13:20
Theo	Lauhoff	01:06:27	Christine	Herbert	01:15:34
Heinrich	Dörries	01:09:26	Anne	Thonemann	01:20:24
Wilhelm	Thonemann	01:11:14	Marlies	Sprenger	01:20:36
Magnus	Grüger	01:12:13	Cecilia	Pöpke	01:21:26
Helmut	Ortlepp	01:13:21	Sunniva	Schulz	01:29:29
Martin	Obst	01:13:31	Bärbel	Sinke	01:41:27
Hinz	Völkert	01:20:30			
Ulrich	Maurer	01:21:50			
Oliver	Hasenkamp	01:22:27			
Horst	Schulz	01:29:29			
Dieter	Raestrup	01:37:56			

Halbmarathon

Klaus	Schulte	01:18:31	Hannelore	Horst	01:30:04
Egon	Roth	01:22:30	Rita	Lanwer	01:30:07
Ewald	Fikus	01:22:31	Brigitte	Ziegler	01:30:45
Hans	Reimann	01:23:20	Anne	Holtkötter	01:32:34
Jürgen	Düking	01:23:21	Ute	Eckenbach	01:35:07
Andreas	Clausing	01:24:42	Ruth	Lutz	01:37:39
Andreas	Krämer	01:24:44	Maria	Feyerabend	01:39:59
Michael	Holtkötter	01:26:44	Maria	Hemsing	01:40:47
Bernd	Huesker	01:26:49	Barbara	Schonebeck	01:43:48
Stanislav	Bartusiak	01:26:56	Sigrid	Petry	01:46:04
Gottfried	Schäfers	01:28:22	Dr. Sylvia	Prinz	01:46:39
Bernhard	Kreienbaum	01:28:31	Christine	Herbert	01:54:12
Dieter	Sternberg	01:29:36	Cecilia	Pöpke	01:56:32
Stefan	Chrzanowski	01:29:42	Annette	Daum	02:01:58
Andreas	Nergenu	01:29:54	Ute	König	02:02:29
Berthold	Kökelsum	01:33:53	Sunniva	Schulz	02:14:51
Michael	Drewes-Kuhlmann	01:35:03	Dorothea	Tewes	02:14:52
Thomas	Rundle	01:35:18	Hildegard	Huesker	02:20:38
Theo	Lauhoff	01:35:28	Andrea	Beigel	02:29:29
Bernhard	Paßlick	01:35:50	Brunhilde	Dargel	02:29:28
Ulrich	Budde	01:38:07			
Stefan	Heitmann-Lammers	01:38:55			
Hans	Daldrop	01:39:00			
Helmut	Ortlepp	01:39:35			
Rolf	Tewes	01:39:55			
Wilhelm	Thonemann	01:40:05			
Heinrich	Dörries	01:41:40			
Thomas	Ischner	01:41:51			
Magnus	Grüger	01:42:25			
Manfred	Werning	01:43:03			
Josef	Niehoff	01:44:02			
Dieter	Rohloff	01:44:41			
Dr. Helge	Prinz	01:45:35			
Fred	Uerdingen	01:46:57			
Peter	Samulski	01:48:10			
Johannes	Horst	01:48:19			
Peter	Volkmer	01:49:08			

Halbmarathon

Joachim	Lorek	01:49:59
Gregor	Hensen	01:51:29
Hinz	Völkert	01:53:18
Stephan	Hinssen	01:54:03
Erich	Rührup	01:55:07
Bodo	Bruder	01:55:50
Horst	Schulz	01:56:08
Oliver	Hasenkamp	02:00:44
Klaus	Becker	02:02:34

25 km

Johannes	Horst	02:09:02	Hannelore	Horst	01:52:06
Robert	Lenger	02:09:56	Maria	Hemsing	02:07:13
Helmuth	Eiken	02:26:44	Ruth	Farke	02:26:24
Horst	Blotenberg	02:26:44	Frauke	Fierdag	02:26:53
Hans Hermann	Karst	02:28:05	Birgit	Karst	02:28:06
Jürgen	Koßmeier	02:47:56	Annette	Traud	02:32:07
			Rita von	Borzyskowski	02:34:15
			Brigitte	Heckmann	02:34:15
			Petra	Caspari	02:51:40

30 km

Bernhard	Paßlick	02:22:33	Beate	Hagemann	03:21:11
			Irmgard	Rüpp	03:50:08
			Brigitte	Ordelheide	03:50:09
			Andrea	Beigel	03:50:14
			Brunhilde	Dargel	03:50:15

Marathon

Klaus	Schulte	02:46:15	Brigitte	Ziegler	03:08:05
Ewald	Fikus	02:54:39	Hannelore	Horst	03:09:09
Egon	Roth	02:54:41	Rita	Lanwer	03:09:57
Michael	Geske	03:00:18	Eva	Kammer	03:11:06
Markus	Hawel	03:03:20	Anne	Holtkötter	03:15:43
Uwe	Wolbeck	03:04:08	Maria	Feyerabend	03:30:39
Andreas	Krämer	03:06:22	Ute	Eckenbach	03:33:21
Bernhard	Paßlick	03:09:25	Ruth	Lutz	03:35:49
Bernd	Huesker	03:13:09	Alida	Kranenburg	03:39:39
Andreas	Löcken	03:13:28	Julia	Suwelack	03:40:08
Gottfried	Schäfers	03:13:33	Dagmar	Großmann	03:45:31
Andreas	Clausing	03:14:26	Dr. Sylvia	Prinz	03:55:04
Hans	Reimann	03:14:28	Christel	Löchte	03:55:25
Berthold	Kökelsum	03:14:56	Sigrid	Petry	03:55:59
Michael	Holtkötter	03:15:57	Christiane	Bennink	03:57:12
Manfred	Otto	03:17:44	Angelika	Dohmann	03:57:59
Manfred	Fleige	03:18:13	Maria	Hemsing	03:59:20
Reinhard	Zumdick	03:19:48	Hildegard	Durynek	04:03:23
Stefan	Chrzanowski	03:20:06	Hildegard	Kerkhoff	04:04:01
Andreas	Nergenu	03:21:58	Anne	Thonemann	04:05:20
Bernhard	Kreienbaum	03:22:15	Heidi	Dittrich	04:05:58
Dieter	Sternberg	03:24:32	Christine	Herbert	04:08:05
Ulrich	Budde	03:25:41	Cecilia	Pöpke	04:11:11
Stanislav	Bartusiak	03:26:48	Annette	Schwarzkopf	04:11:31
Thomas	Braun	03:27:19	Ute	König	04:13:51
Michael	Drewes-Kuhlmann	03:28:15	Sabine	Roleff	04:18:38
Heiner	Cloppenburg	03:32:38	Ingrid	Johannes	04:19:40
Rolf	Rosema	03:32:40	Almut	Mecking	04:21:16
Thomas	Ischner	03:32:46	Parvin	Kamp	04:22:39
Thomas	Rundle	03:33:48	Elke	Buth	04:22:41
Theo	Lauhoff	03:34:21	Beate	Hagemann	04:23:07
Wilhelm	Thonemann	03:35:09	Magdalene	Everke-M.	04:27:40
Udo	Twelkemeier	03:35:50	Christa	Papenkort	04:29:19
Peter	Samulski	03:39:45	Karin	Grawe	04:37:27
Rolf	Tewes	03:41:28	Elisabeth	Revering	04:50:26
Hans	Daldrop	03:41:56	Doris	Ring	04:54:15
Stefan	Heitmann-Lammers	03:43:41	Melanie	Dreier	04:55:31
Gerd	Jahn	03:44:07	Barbara	Wigger	04:56:10
Dieter	Korte	03:44:30	Hildegard	Huesker	04:58:37
Wolfgang	Klaiber	03:46:07	Christa	Wolgast-A.	05:03:15
Hans-Werner	Stöcker	03:46:27	Sunniva	Schulz	05:06:57
Martin	Obst	03:46:53	Dorothea	Tewes	05:06:57
Georg	Wetterau	03:48:05	Renate	Bochinski	05:11:01
Bodo	Bruder	03:48:14	Irmgard	Rüpp	05:14:16
Hartwig	Kerkhoff	03:50:38	Christiane	Bodenberger	05:14:17
Magnus	Grüger	03:52:07	Marita	Reimann	05:14:17
Winfried	Tillmann	03:52:08	Jutta	Tüllmann	05:18:00
Jürgen	Sieme	03:52:08	Hildegard	Brummel	05:21:01
Ludger	Koch	03:52:41	Ingeborg	Kanter	05:22:33
Klaus	Kampelmann	03:53:04	Monika	Kristowiak	05:22:34
Josef	Altenbockum	03:53:04	Gisela	Hoischen	05:32:45
Fred	Uerdingen	03:54:47	Anusch	Melkonyan	05:34:22
Joachim	Lorek	03:54:51	Gaby	Brinck	05:37:57
Wolfgang	Hübner	03:55:04	Petra	Benz	05:40:58
Manfred	Werning	03:55:34	Claudia	Obert	05:43:39
Peter	Volkmer	03:57:46	Andrea	Beigel	05:54:49

Marathon					
Benedikt	Vennemann	03:58:25	Bärbel	Sinke	05:54:49
Peter	Kanter	03:59:38	Helga	Landfried-Teodoruk	06:08:51
Heinz	Hengefeld	04:02:48			
Hinz	Völkert	04:07:11			
Josef	Niehoff	04:07:15			
Dieter	Rohloff	04:08:40			
Helmut	Ortlepp	04:09:55			
Gregor	Hensen	04:11:57			
Werner	Driese	04:12:42			
Markus	vom Brauck	04:13:23			
Dieter	Feldhaus	04:13:26			
Johannes	Horst	04:14:20			
Markus	Ischner	04:17:21			
Richard	Mol	04:19:25			
Robert	Lenger	04:20:51			
Bruno	Roleff-Schw.	04:21:58			
Thomas	Stöber	04:22:56			
Friedhelm	Neuhaus	04:29:11			
Oliver	Hasenkamp	04:31:47			
Hilmar	Welpelo	04:32:47			
Kai-Uwe	Kock	04:37:36			
Michael	Leinz	04:37:41			
Achim	Wahle	04:37:56			
Helmuth	Eiken	04:37:57			
Georg	Wennekers	04:37:59			
Helmut	Neuhaus	04:50:11			
Heinz-Jürgen	Revering	04:53:50			
Jürgen	Breforth	04:56:21			
Florenz	Plassmann	05:09:58			
Volker	Wolfgramm	05:23:38			
Andreas	Hasebrock	05:36:10			
Udo	Kristowiak	05:42:38			
100 km					
			Hildegard	Kerkhoff	10:12:57
			Julia	Suwelack	10:23:40