

ZfS-Münster-City-Run 2. Juli 2017

10 km

Männer

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Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
1	3	Demeke Tadesse Mengistie	Äthiopien	0:29:55	MU20	1	0:29:55	05:56 05:54 06:01 06:04 05:57	20,06 km/h
2	5	Kirprotich Meli Ezekiel	Kenia	0:29:56	M30	1	0:29:55	05:55 05:54 06:01 06:04 05:58	20,05 km/h
3	2	Kirprono Rotich Lawrence	Kenia	0:31:26	M30	2	0:31:26	05:56 06:11 06:20 06:23 06:34	19,09 km/h
4	395	Solomun Eyob	SG Wenden	0:31:32	MHK	1	0:31:32	05:56 06:13 06:26 06:21 06:34	19,02 km/h
5	68	Hamann Jan Simon	hamburg running	0:32:16	M30	3	0:32:15	06:23 06:27 06:30 06:27 06:27	18,60 km/h
6	45	Uphues Christoph	TV Wattenscheid 01	0:32:32	MHK	2	0:32:31	06:23 06:27 06:30 06:33 06:37	18,45 km/h
7	146	Rinne Yannick	LSF Münster	0:33:33	MHK	3	0:33:32	06:36 06:42 06:46 06:46 06:40	17,89 km/h
8	376	Desale Amanuel	LG Ahlen	0:35:12	MHK	4	0:35:12	06:35 06:51 07:09 07:21 07:12	17,04 km/h
9	142	Glöckner Manuel	LSF Münster	0:35:17	M30	4	0:35:16	07:02 07:06 07:05 07:09 06:53	17,01 km/h
10	519	Baruinski Jonas	LG Ahlen	0:35:43	MHK	5	0:35:42	06:36 06:50 07:14 07:31 07:29	16,80 km/h
11	452	Machauer Marcel	LSF Münster	0:36:12	M35	1	0:36:10	07:15 07:13 07:14 07:16 07:10	16,58 km/h
12	154	Bardtke Thomas	BSG LVM Versicherung	0:36:26	M50	1	0:36:25	07:17 07:12 07:14 07:19 07:21	16,47 km/h
13	114	Wenzel Martin	*Essen	0:36:30	MHK	6	0:36:28	06:55 07:12 07:26 07:31 07:22	16,45 km/h
14	374	Stratmann Jörg		0:36:42	M50	2	0:36:30	08:57 08:56 09:20 00:00 00:00	16,43 km/h
15	502	Enseling Oskar	LG Brillux Münster	0:36:48	MU18	1	0:36:46	07:24 07:29 07:44 07:14 06:53	16,31 km/h
16	270	Köster Hubertus	*Nordhorn	0:36:50	MHK	7	0:36:46	07:22 07:22 07:24 07:24 07:13	16,32 km/h
17	506	Kott Georg	LG Deiringsen	0:36:52	M55	1	0:36:50	07:19 07:22 07:24 07:28 07:15	16,29 km/h
18	66	Marquardt Christof	LG Deiringsen / Sparkass	0:37:15	M45	1	0:37:13	07:10 07:17 07:42 07:30 07:32	16,12 km/h
19	11	Träger Max	#unserUTZ	0:37:30	MHK	8	0:37:27	07:20 07:30 07:39 07:32 07:24	16,02 km/h
20	29	Weber Sascha	Marathon Steinfurt	0:37:43	M40	1	0:37:41	07:12 07:21 07:36 07:45 07:44	15,92 km/h
21	36	Schlusen Sebastian	TuS Germania Horstmar	0:37:51	M30	5	0:37:49	07:23 07:39 07:45 07:38 07:22	15,86 km/h
22	521	Brinker Klaus	LSF Münster	0:37:52	M40	2	0:37:49	07:19 07:31 07:41 07:46 07:30	15,86 km/h
23	26	Walz Florian	Roadrunners Südbaden	0:37:55	MU20	2	0:37:54	07:17 07:34 07:46 07:40 07:36	15,83 km/h
24	106	Brodka Jens	LV Oelde	0:37:57	M35	2	0:37:55	07:25 07:31 07:37 07:43 07:37	15,82 km/h
25	27	Bertelsbeck Rene	SV Brukeria Rorup	0:38:03	M30	6	0:38:02	07:20 07:36 07:43 07:46 07:34	15,78 km/h
26	507	Lammers Jan		0:38:24	M35	3	0:38:22	07:20 07:31 07:47 07:50 07:53	15,64 km/h
27	151	Ross Holger	LSF Münster	0:38:25	M45	2	0:38:23	07:19 07:48 07:55 07:47 07:32	15,63 km/h
28	457	Walz Theo		0:38:33	MHK	9	0:38:29	07:27 07:39 07:46 07:50 07:45	15,59 km/h
29	145	Arica Mahmut	LSF Münster	0:38:37	M40	3	0:38:34	07:24 07:52 07:53 07:58 07:26	15,55 km/h
30	25	Ricklin Jens	SC Altenrheine	0:38:40	M30	7	0:38:38	07:41 07:45 07:48 07:51 07:32	15,53 km/h
31	121	REINA LOPEZ ANTONIO	LSF	0:38:51	M40	4	0:38:48	07:32 07:54 07:47 07:51 07:42	15,46 km/h
32	470	Hanne Elias	LG Ahlen	0:39:05	M50	3	0:39:02	07:40 07:50 07:53 07:56 07:41	15,37 km/h
33	530	Wenker Philipp		0:39:28	M30	8	0:39:25	07:34 07:52 07:56 08:03 07:57	15,22 km/h
34	483	Reiberg Christoph	DJK Dyckburg	0:39:29	M30	9	0:39:25	07:42 07:58 08:04 07:55 07:44	15,22 km/h
35	128	Brouwer Mike	LSF Münster	0:39:47	M35	4	0:39:44	07:29 07:48 07:56 08:12 08:19	15,10 km/h
36	191	Hopf Andreas	*Coesfeld	0:39:51	M40	5	0:39:48	07:28 07:42 07:58 08:55 07:43	15,07 km/h
37	79	Hooge Henrik	Pace Pack Runners	0:39:53	MHK	10	0:39:45	08:05 07:54 08:03 08:04 07:37	15,09 km/h
37	144	Korte Jens	LSF Münster	0:39:53	M45	3	0:39:50	07:36 07:53 08:05 08:07 08:07	15,06 km/h
39	287	Althoff Jeremias	*Andernach	0:39:57	M30	10	0:39:53	07:39 07:48 08:04 08:05 08:14	15,04 km/h
40	86	Lüken Aloys	BV Garrel	0:40:13	M45	4	0:40:09	07:40 07:51 08:10 08:15 08:10	14,94 km/h
41	38	Wesbuer Thomas	Marathon Steinfurt	0:40:19	M50	4	0:40:14	07:51 08:00 08:08 08:11 08:02	14,91 km/h
42	89	Antonio Henrique	Gaf-Fatima portugal	0:40:20	M55	2	0:40:19	07:54 08:01 08:09 08:11 08:03	14,88 km/h
43	67	Rattay Jan	*Düsseldorf	0:40:22	MHK	11	0:40:15	07:50 08:05 08:05 08:15 07:58	14,90 km/h
44	274	Fitz Michael	*Düsseldorf	0:40:23	MHK	12	0:40:18	07:20 07:58 08:21 08:27 08:10	14,88 km/h
45	148	Kasprik Michael	LSF Münster	0:40:23	M40	6	0:40:20	07:31 07:57 08:14 08:25 08:12	14,87 km/h
46	73	Poletto Michael	LT Bittermark Dortmund	0:40:27	M50	5	0:40:23	07:39 07:52 08:19 08:14 08:16	14,85 km/h
47	359	Speerschneider Daniel	SC Münster 08	0:40:39	MHK	13	0:40:30	08:01 08:16 08:17 08:08 07:45	14,81 km/h
48	499	Arnsberg Ulrich	TuS Hilstrup	0:40:59	M50	6	0:40:51	08:00 08:04 08:20 08:15 08:11	14,69 km/h
49	40	Austrup Henrik	LG Emsdetten	0:41:04	M45	5	0:40:59	07:52 08:05 08:19 08:29 08:13	14,64 km/h
50	206	Huesmann Yannik	*Köln	0:41:05	MHK	14	0:40:49	08:09 08:08 08:21 08:11 07:59	14,70 km/h
51	20	Möller Christian	Run4fun Greven e.V.	0:41:10	M40	7	0:41:06	07:54 08:06 08:19 08:23 08:21	14,60 km/h
52	139	Riesenbeck Ingo	H. Gautzsch	0:41:10	M40	8	0:41:05	07:52 08:05 08:22 08:29 08:15	14,60 km/h
53	296	Ahrens Sven	SV Blau-Weiß Aasee Mün	0:41:12	M45	6	0:40:56	08:50 08:18 08:07 08:02 07:37	14,66 km/h
54	393	Laukötter Marco		0:41:26	M45	7	0:41:22	07:56 08:03 08:22 08:27 08:32	14,50 km/h
55	515	Müller Gerold	Weicon Tri Finish Münster	0:41:28	M60	1	0:41:25	07:59 08:18 08:20 08:23 08:23	14,48 km/h
56	22	Stolz Dirk	SC Altenrheine	0:41:31	M30	11	0:41:29	07:43 08:17 08:25 08:36 08:26	14,46 km/h
57	21	Willingmann Todt G.	Lauffreunde Bönen 1985 e	0:41:32	M50	7	0:41:29	08:05 08:19 08:28 08:20 08:15	14,46 km/h

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Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
58	358	Schmedt Julian		0:41:35	M30	12	0:41:32	- 07:50 08:09 08:22 08:29 08:40	14,45 km/h
59	372	Espeter Jan	Sportfreude Merfeld	0:41:38	MHK	15	0:41:30	- 08:04 08:13 08:31 08:34 08:06	14,45 km/h
60	246	Klenner Felix	Rosendahl	0:41:43	MU20	3	0:41:39	- 07:49 08:07 08:35 08:41 08:26	14,40 km/h
61	62	Tillack Hans	LG Emsdetten	0:41:53	M55	3	0:41:47	- 07:51 08:05 08:30 08:39 08:39	14,36 km/h
62	373	Greiff Johannes		0:41:55	MHK	16	0:41:35	- 08:41 08:14 08:16 08:16 08:07	14,43 km/h
63	150	Westermann Tobias	LSF Münster	0:41:57	M40	9	0:41:53	- 08:05 08:14 08:26 08:33 08:34	14,32 km/h
64	275	Groll Patrick	SF Schnee	0:42:05	MHK	17	0:42:03	- 07:52 08:28 08:33 08:40 08:29	14,27 km/h
65	16	Schmidtke Lars	Run4fun-Greven e.V.	0:42:07	M35	5	0:42:01	- 07:36 08:09 08:35 08:53 08:46	14,28 km/h
66	180	Sander Steffen	Alko-SBK	0:42:14	M30	13	0:42:00	- 07:50 08:21 08:37 08:41 08:29	14,28 km/h
67	110	Glüsenkamp Christoph	*Osnabrück	0:42:30	M30	14	0:42:25	- 08:01 08:24 08:49 08:45 08:24	14,14 km/h
68	331	Daut Felix	BSG LVM Versicherung	0:42:30	M30	15	0:42:17	- 08:18 08:29 08:33 08:31 08:26	14,18 km/h
69	469	Hentschel Christian	Bergziegen Altenberge	0:42:33	M40	10	0:42:28	- 07:59 08:24 08:40 08:50 08:33	14,13 km/h
70	458	Scharf Martin	TVE Greven Triathlon	0:42:37	M50	8	0:42:33	- 07:50 08:17 08:38 08:57 08:49	14,10 km/h
71	230	Strathaus Nils	COLER GmbH & Co. KG	0:42:43	MHK	18	0:42:31	- 08:01 08:10 08:34 08:50 08:54	14,11 km/h
72	91	Horster Lutz	HSP Münster	0:42:45	MHK	19	0:42:36	- 08:23 08:27 08:37 08:45 08:22	14,08 km/h
73	133	Griehl Stefan	H. Gautzsch	0:42:48	M30	16	0:42:43	- 08:09 08:25 08:44 08:39 08:45	14,04 km/h
74	102	Bergerfurth Jörg	*Münster	0:42:50	M45	8	0:42:46	- 08:04 08:22 08:38 08:54 08:46	14,03 km/h
75	155	Borriink Jörn	BSG LVM Versicherung	0:42:57	MHK	20	0:42:44	- 08:18 08:29 08:36 08:54 08:27	14,04 km/h
76	17	Vorkamp Markus	*Münster	0:42:58	M45	9	0:42:53	- 08:04 08:20 08:45 08:52 08:50	13,99 km/h
77	156	Daut Fabian	BSG LVM Versicherung	0:43:07	MHK	21	0:42:55	- 08:18 08:28 08:36 08:50 08:40	13,98 km/h
78	84	Heuer Jürgen	LG Emsdetten	0:43:11	M45	10	0:43:05	- 08:03 08:28 08:48 08:57 08:48	13,92 km/h
79	15	Rogge Uwe	WuH Laufgruppe	0:43:13	M50	9	0:43:08	- 08:23 08:33 08:40 08:48 08:41	13,91 km/h
80	356	Feldkämper Stefan		0:43:31	M30	17	0:43:25	- 08:22 08:38 08:39 08:55 08:50	13,82 km/h
81	49	Hecker Christian	-	0:43:35	M30	18	0:43:20	- 08:33 08:31 08:40 08:56 08:38	13,84 km/h
82	278	Kemper Christoph	*Münster	0:43:47	MHK	22	0:43:39	- 08:18 08:41 08:51 09:04 08:43	13,74 km/h
83	504	Kuhlmann Ludger	VfL Senden	0:43:48	M55	4	0:43:44	- 08:28 08:43 08:49 08:54 08:49	13,71 km/h
84	299	Nahrmann Dennis	WN Laufsportteam	0:43:50	M30	19	0:43:43	- 08:38 08:49 08:59 08:55 08:20	13,72 km/h
85	462	Kaiser Ulrich	LSF Münster	0:43:59	M55	5	0:43:52	- 08:39 08:39 08:40 08:55 08:57	13,67 km/h
86	257	Grauert Tiemo	*Münster	0:44:04	M35	6	0:43:44	- 09:24 08:35 08:43 08:39 08:21	13,72 km/h
87	0	von Haxn Andreas		0:44:12	M45	11	0:43:43	- 09:02 08:46 08:41 08:37 08:35	13,72 km/h
88	451	Quattrocchi Fulvio	LSF Münster	0:44:13	M65	1	0:44:06	- 08:41 08:42 08:53 08:55 08:53	13,60 km/h
89	352	Filipiak Jan		0:44:16	M35	7	0:44:10	- 08:20 08:45 08:59 09:11 08:52	13,58 km/h
90	463	Jung Oliver	Modehaus Schnitzler	0:44:17	M45	12	0:44:04	- 08:30 08:39 09:01 09:11 08:41	13,61 km/h
91	362	Höing Jannis	SV Gescher	0:44:21	MU18	2	0:44:20	- 07:34 08:46 09:19 09:23 09:15	13,53 km/h
92	30	Kozjan Bogdan	*Münster	0:44:21	M40	11	0:44:16	- 08:46 08:59 08:58 08:57 08:34	13,55 km/h
93	456	Lantin Andre		0:44:25	MHK	23	0:44:16	- 08:38 08:55 09:04 09:00 08:38	13,55 km/h
94	343	Fey Tilman		0:44:26	M50	10	0:44:16	- 09:06 08:55 08:57 08:46 08:30	13,55 km/h
95	33	Zeidler Thomas	Tus-Hiltrup	0:44:32	M50	11	0:44:25	- 08:42 08:47 08:56 09:07 08:51	13,51 km/h
96	54	Ahring Udo	Landstreicher	0:44:45	M55	6	0:44:36	- 08:33 08:52 09:01 09:05 09:03	13,45 km/h
97	108	Löckemann Markus	LG Emsdetten	0:45:00	M45	13	0:44:54	- 08:31 09:06 09:11 09:08 08:56	13,36 km/h
98	172	Major David	*Münster	0:45:05	MHK	24	0:45:00	- 09:01 09:14 09:04 09:07 08:32	13,33 km/h
99	512	Giesbrecht Viktor		0:45:07	M40	12	0:45:00	- 08:23 09:00 09:18 09:18 09:00	13,33 km/h
100	12	Sterthaus Jens	TV Mesum	0:45:08	M30	20	0:44:51	- 08:36 08:56 09:02 09:05 09:10	13,37 km/h
101	391	Mohammadi Martin	DSK Adler Buldern	0:45:13	MU20	4	0:45:02	- 09:19 08:50 09:20 08:49 08:41	13,32 km/h
102	291	Schröder Philipp	Laufteam Schröder	0:45:18	MHK	25	0:45:08	- 08:49 09:02 09:09 09:17 08:49	13,29 km/h
103	505	Huber Ronny	Laufjunkie	0:45:20	M40	13	0:45:04	- 09:01 08:51 08:59 09:08 09:03	13,31 km/h
104	168	Probst Rene	*Steinfurt	0:45:24	MHK	26	0:45:15	- 08:49 09:10 09:17 09:15 08:43	13,26 km/h
105	513	Biesenbaum Thomas		0:45:29	M50	12	0:45:22	- 09:02 08:58 09:00 09:10 09:11	13,22 km/h
106	77	Müller Lorenz	rest in pace	0:45:31	MHK	27	0:45:22	- 08:52 09:16 09:09 09:16 08:48	13,22 km/h
107	92	Feder Uwe	*Münster	0:45:34	M50	13	0:45:11	- 09:24 08:49 08:59 09:03 08:54	13,28 km/h
108	143	May Deltev	LSF Münster	0:45:36	M40	14	0:45:28	- 08:53 09:08 09:09 09:12 09:04	13,20 km/h
109	471	Säll Philipp		0:45:37	M35	8	0:45:21	- 08:53 09:10 09:09 09:08 08:59	13,23 km/h
110	220	van Düllen Henrik	rest in pace	0:45:43	MHK	28	0:45:34	- 08:51 09:16 09:09 09:17 08:59	13,17 km/h
111	500	Hupka Robert	W+F Münster	0:45:46	MHK	29	0:45:34	- 09:19 09:14 09:19 08:54 08:46	13,16 km/h
112	524	Roller Helmut	SG Suderwich	0:45:55	M60	2	0:45:50	- 08:48 09:12 09:13 09:20 09:15	13,09 km/h
113	385	Holl Karsten		0:45:55	M35	9	0:45:42	- 08:40 09:02 09:07 09:26 09:25	13,13 km/h
114	461	Reimann Hansi	*Münster	0:45:57	M60	3	0:45:48	- 08:47 09:09 09:23 09:31 08:57	13,10 km/h

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Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
115	197	Vogelsang Sven	*Münster	0:46:04	M30	21	0:45:53	- 08:43 09:01 09:13 09:29 09:25	13,08 km/h
116	392	Güllmann Moritz		0:46:12	MHK	30	0:45:59	- 09:10 09:22 09:11 09:13 09:01	13,05 km/h
117	228	Jagosz Mariusz	COLER GmbH & Co. KG	0:46:13	M40	15	0:46:03	- 08:58 09:16 09:22 09:28 08:58	13,03 km/h
118	88	Kipp Stefan	*Münster	0:46:14	M40	16	0:46:03	- 08:58 09:16 09:20 09:28 08:59	13,03 km/h
119	528	Deba Timo		0:46:16	M30	22	0:46:08	- 08:43 09:14 09:24 09:30 09:15	13,00 km/h
120	19	Gräwe Mike	*Dissen a.T.W.	0:46:17	M35	10	0:46:06	- 08:59 09:08 09:10 09:31 09:15	13,01 km/h
121	508	Olejniczak Stefan	Dortmund	0:46:23	M60	4	0:46:18	- 09:06 09:16 09:19 09:24 09:11	12,96 km/h
122	59	Lukassen Peter	BSG Westfalen AG	0:46:25	M45	14	0:46:15	- 08:49 09:10 09:14 09:24 09:37	12,97 km/h
123	182	Keller Mark	*coesfeld	0:46:35	M35	11	0:46:26	- 08:56 09:21 09:26 09:26 09:15	12,92 km/h
124	118	Glasbrenner Bernhard	*Münster	0:46:37	M55	7	0:46:27	- 08:56 09:20 09:25 09:27 09:17	12,91 km/h
125	277	Manthei Thomas	Hamm	0:46:39	M55	8	0:46:33	- 08:40 09:17 09:22 09:34 09:38	12,89 km/h
126	199	Stritzel Steffen	BSG Provinzial Versicher	0:46:47	M40	17	0:46:31	- 08:29 08:55 09:29 10:00 09:36	12,90 km/h
127	551	Graeber Jürgen	LAC Langenhagen	0:46:51	M70	1	0:46:45	- 09:07 09:25 09:25 09:27 09:20	12,83 km/h
128	527	Keeren Jörg	LSF Münster	0:46:53	M50	14	0:46:46	- 08:55 09:19 09:27 09:36 09:28	12,83 km/h
129	473	Krempel Ulrich	Wie Männer	0:47:01	M50	15	0:46:47	- 09:02 08:55 09:30 09:42 09:36	12,82 km/h
130	532	Eßmann Martin	MSC Münster	0:47:04	M55	9	0:46:49	- 09:12 09:04 09:15 09:37 09:39	12,81 km/h
131	511	Reichelt Jan		0:47:09	MHK	31	0:46:57	- 08:57 09:17 09:27 09:43 09:31	12,78 km/h
132	112	Erstling Sander	Debeka	0:47:10	M40	18	0:46:55	- 09:14 09:16 09:25 09:33 09:25	12,79 km/h
133	367	Cordes Rosig	WSV	0:47:13	MU20	5	0:47:03	- 08:59 09:09 09:41 09:46 09:26	12,75 km/h
134	153	Arlt Andreas	LSF Münster	0:47:18	M45	15	0:47:09	- 08:55 09:18 09:45 09:48 09:22	12,72 km/h
135	152	König Ralph	LSF Münster	0:47:24	M50	16	0:47:09	- 08:59 09:26 09:37 09:35 09:31	12,72 km/h
136	105	Gallmeister Wolfgang	Werse Läufer Münster	0:47:34	M55	10	0:47:30	- 08:54 09:32 09:49 09:50 09:24	12,63 km/h
137	71	Kleinert Matthias	Lauftreff Lüdinghausen	0:47:41	M40	19	0:47:20	- 09:13 09:17 09:32 09:42 09:33	12,67 km/h
138	477	Simon Frank	TVE Greven	0:47:45	M55	11	0:47:40	- 08:47 09:29 09:50 09:55 09:37	12,58 km/h
139	236	Thume Matthias	BSG Westfalen	0:47:47	M45	16	0:47:32	- 09:27 09:29 09:33 09:36 09:25	12,62 km/h
140	464	Wagner Andreas	Marathon Soest e.V.	0:47:49	MHK	32	0:47:34	- 08:49 09:19 10:01 10:08 09:15	12,61 km/h
141	179	Haacke David	FC Schalke 04	0:47:53	M30	23	0:47:37	- 09:20 09:23 09:47 09:50 09:15	12,60 km/h
142	101	Koch Torsten	Fc Hansa Rostock	0:48:02	M35	12	0:47:47	- 08:52 09:23 09:42 09:59 09:49	12,56 km/h
143	342	Oley Sendynnuv		0:48:06	M40	20	0:47:46	- 09:47 09:27 09:34 09:37 09:19	12,56 km/h
144	13	Spey Martin	Pinolino Kinderträume	0:48:07	M45	17	0:48:00	- 09:07 09:38 09:46 09:50 09:38	12,50 km/h
145	520	Kemper Marius	TSV Handorf	0:48:11	MHK	33	0:48:02	- 08:32 09:25 09:43 10:09 10:10	12,49 km/h
146	55	Strotmann Robert	Marathon Ibbenbüren	0:48:13	M45	18	0:48:01	- 09:14 09:30 09:41 09:53 09:42	12,49 km/h
147	315	Czupalla Martin	H. Gautzsch	0:48:14	M30	24	0:47:57	- 09:32 09:38 09:41 09:43 09:21	12,51 km/h
148	169	Gärtner Julian	Lauffreunde Antilope 91	0:48:19	MHK	34	0:48:08	- 08:49 09:36 10:07 10:05 09:29	12,46 km/h
149	72	Rump Mario	DJK Grün Weiß Amelsbür	0:48:22	M40	21	0:48:11	- 08:54 09:27 09:55 10:06 09:48	12,45 km/h
150	389	Eiersbrock Hubert	DSK Adler Buldern	0:48:27	M50	17	0:48:16	- 09:19 09:32 09:43 10:00 09:40	12,43 km/h
151	187	Kozjan Noah	*Münster	0:48:28	MU20	6	0:48:16	- 09:54 10:06 09:54 09:37 08:44	12,43 km/h
152	58	Rosenkranz Detlef	SG Wenden	0:48:36	M55	12	0:48:20	- 09:28 09:30 09:40 09:50 09:50	12,41 km/h
153	366	Pierce Timo		0:48:39	MHK	35	0:48:28	- 09:31 09:54 09:54 09:48 09:20	12,38 km/h
154	141	Breuker Michael	LSF Münster	0:48:40	M30	25	0:48:28	- 09:01 09:32 09:56 10:04 09:55	12,38 km/h
155	202	Mirschel Peter	*Münster	0:48:43	M50	18	0:48:37	- 09:08 09:41 09:56 09:58 09:51	12,34 km/h
156	390	Latt Christian	Tanz der Vampire	0:48:51	M40	22	0:48:36	- 09:31 09:41 09:40 09:56 09:46	12,34 km/h
157	35	Strelow Ecki	Bridgets Barbecue Buddie	0:48:54	M45	19	0:48:21	- 09:14 09:33 09:54 09:54 09:43	12,41 km/h
158	478	Lindner Hans Jürgen		0:48:58	M50	19	0:48:46	- 08:57 09:23 09:48 10:18 10:18	12,30 km/h
159	363	Höing Udo	Gescher	0:49:11	M45	20	0:49:06	- 08:49 09:59 10:10 10:15 09:52	12,22 km/h
160	497	Epkenhans Martin	Tri Finish Münster	0:49:12	M60	5	0:49:05	- 08:58 09:49 10:08 10:14 09:54	12,22 km/h
161	465	Brinkmann Thomas	Krötenwanderung Drenste	0:49:13	M50	20	0:49:04	- 09:13 09:49 09:54 10:05 10:02	12,22 km/h
162	189	Kuhlmann Marc	*Münster	0:49:22	M35	13	0:49:14	- 09:19 09:32 09:51 10:11 10:20	12,19 km/h
163	250	Rottmann Michael	Original Bootcamp	0:49:29	M40	23	0:49:10	- 10:02 09:45 09:47 09:54 09:39	12,20 km/h
164	454	Stegemann Manfred	*Münster	0:49:33	M50	21	0:49:24	- 09:03 09:43 10:01 10:16 10:19	12,14 km/h
165	323	Lutte Mattis	Realschule im Kreuzviertel	0:49:35	MU16	1	0:49:23	- 09:30 09:43 10:06 10:15 09:48	12,15 km/h
166	349	Kock Jochen	Parvins Lauftruppe	0:49:36	M55	13	0:49:27	- 09:28 09:55 10:05 10:05 09:52	12,13 km/h
167	305	Habersack Marco	*Hamm	0:49:37	MHK	36	0:49:25	- 09:38 10:05 10:05 10:03 09:32	12,14 km/h
168	255	Drobner Markus	*Münster	0:49:40	M35	14	0:49:19	- 09:36 09:36 09:54 10:14 09:56	12,17 km/h
169	96	Strothmann Andreas	Lauftreff Greven Aktuell	0:49:43	M50	22	0:49:15	- 09:54 09:51 09:52 09:51 09:45	12,18 km/h
170	211	Langer Daniel	*Bocholt	0:49:47	MHK	37	0:49:42	- 09:35 09:58 10:16 10:18 09:33	12,07 km/h
171	261	Dreisbach Gerd	Lauftreff Hohenholte	0:49:50	M60	6	0:49:29	- 09:49 09:40 09:54 10:01 10:02	12,12 km/h

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10 km

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Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
172	375	Höfener Heinz	Lauftreff Hohenholte	0:50:06	M65	2	0:49:44	- 09:50 09:46 09:58 10:07 10:01	12,06 km/h
173	231	Schneider Viktor	COLER GmbH & Co. KG	0:50:06	M30	26	0:49:48	- 09:03 09:22 09:58 10:31 10:51	12,05 km/h
174	99	Effenberger Horst	Hammer Hobbyläufer	0:50:15	M50	23	0:49:59	- 09:54 10:02 10:03 10:07 09:50	12,00 km/h
175	185	Thesing Maic	Lauffreunde Sprakel	0:50:25	M40	24	0:50:07	- 09:52 09:42 10:04 10:31 09:57	11,97 km/h
176	387	Winkelkötter Norbert		0:50:25	M50	24	0:50:08	- 08:33 09:48 10:16 10:51 10:39	11,96 km/h
177	184	Westerberg claus	Lauffreunde Sprakel	0:50:26	M40	25	0:50:08	- 09:51 09:42 10:05 10:30 09:58	11,97 km/h
178	235	Saueressig Jann	*Leer	0:50:30	M45	21	0:50:12	- 10:09 10:09 10:05 09:58 09:49	11,95 km/h
179	43	Weinberg Marc	*Ahlen	0:50:32	M40	26	0:50:13	- 10:08 09:57 10:03 10:09 09:54	11,95 km/h
180	178	Tewes Timo	*Münster	0:50:38	MHK	38	0:50:34	- 08:36 09:37 10:10 11:06 11:02	11,87 km/h
181	482	Erpenbeck Alex	BSV Ostbevern	0:50:43	M30	27	0:50:26	- 09:22 09:57 10:15 10:26 10:25	11,89 km/h
182	354	Friedrichs Björn		0:50:44	M30	28	0:50:30	- 09:48 09:55 10:17 10:20 10:08	11,88 km/h
183	383	Hitt Martin	Tegte	0:50:50	M50	25	0:50:35	- 09:40 10:03 10:17 10:16 10:17	11,86 km/h
184	481	Fremann Andreas		0:51:14	M45	22	0:50:54	- 10:19 10:17 10:03 10:17 10:06	11,79 km/h
185	18	Sondermann Christian	*Rheine	0:51:15	M50	26	0:51:02	- 09:12 09:58 10:27 10:45 10:38	11,76 km/h
186	501	Karsten Markus	SC Westfalia Kinderhaus	0:51:23	M45	23	0:50:52	- 09:54 10:08 10:24 10:21 10:02	11,80 km/h
187	364	Metten Jannik		0:51:30	MU18	3	0:51:23	- 10:08 10:24 10:37 10:34 09:38	11,68 km/h
188	159	Gövert Lars	BSG LVM Versicherung	0:51:33	M45	24	0:51:08	- 10:22 10:26 10:17 10:17 09:45	11,73 km/h
189	503	Jungfermann Matthias	*Telgte	0:51:34	M45	25	0:51:09	- 10:22 10:26 10:17 10:17 09:45	11,73 km/h
190	509	Wesche Michael		0:51:34	M45	26	0:51:12	- 10:25 10:17 10:11 10:12 10:05	11,72 km/h
191	60	Hahn Donatus	STABIL Made in Münster	0:51:42	M30	29	0:51:18	- 09:48 10:12 10:32 10:31 10:14	11,69 km/h
192	116	Terbrüggen Eric	*Münster	0:51:43	M50	27	0:51:28	- 09:51 10:10 10:34 10:35 10:16	11,66 km/h
193	351	Sultana Annas		0:52:09	MHK	39	0:51:58	- 20:01 10:35 10:58 00:00 00:00	11,55 km/h
194	113	Schröder Lars	BSG Selectric	0:52:11	M55	14	0:52:01	- 10:02 10:10 10:24 10:45 10:38	11,53 km/h
195	453	Schmedding Thomas	LG Emsdetten	0:52:16	M45	27	0:52:04	- 10:02 10:20 10:24 10:41 10:34	11,52 km/h
196	140	Hahn Günter	LSF Münster	0:52:19	M60	7	0:52:01	- 10:21 10:29 10:30 10:30 10:08	11,53 km/h
197	63	Rehmann David	*Münster	0:52:24	M50	28	0:51:56	- 09:43 10:05 10:36 10:57 10:33	11,55 km/h
198	186	Vietor Andreas	Lauffreunde Sprakel	0:52:30	M45	28	0:52:13	- 10:06 10:33 10:35 10:27 10:30	11,49 km/h
199	379	Knura Frank	Betriebssport Sparkasse	0:52:32	M50	29	0:52:18	- 09:51 10:10 10:31 10:43 11:01	11,47 km/h
200	157	Falke Bernhard	BSG LVM Versicherung	0:52:33	M55	15	0:52:04	- 09:51 10:14 10:21 10:55 10:42	11,52 km/h
201	282	Schulte Mesum Lars	*Münster	0:52:38	M40	27	0:52:12	- 11:08 10:23 10:23 10:15 10:02	11,49 km/h
202	48	Kamer Andreas	Marathon Steinfurt e.V.	0:52:40	M45	29	0:52:17	- 10:36 10:28 10:22 10:25 10:24	11,48 km/h
203	70	Nierhoff Kai	*Münster	0:52:51	M40	28	0:52:24	- 10:20 10:17 10:30 10:37 10:38	11,45 km/h
204	222	Fritsch Benjamin	COLER GmbH & Co. KG	0:52:53	M30	30	0:52:33	- 10:28 10:25 10:35 10:33 10:31	11,42 km/h
205	240	Sapp René	*Münster	0:52:53	M30	31	0:52:28	- 10:23 10:22 10:30 10:40 10:30	11,43 km/h
206	149	Josch Behrens	LSF Münster	0:52:54	M55	16	0:52:38	- 09:54 10:22 10:43 10:54 10:43	11,40 km/h
207	104	Wecker Guido	LSF Münster	0:53:13	M45	30	0:52:57	- 09:54 10:23 10:41 10:53 11:05	11,33 km/h
208	480	Metten Andreas	LC Solbad Ravensberg	0:53:25	M50	30	0:53:18	- 10:07 10:29 10:39 10:57 11:04	11,25 km/h
209	127	Albers-Wende Bernhard	Team Erdinger Alkoholfrei	0:53:26	M50	31	0:53:06	- 10:51 10:31 10:26 10:37 10:38	11,30 km/h
210	130	Nacke Detlef	LG Burg Wiedenbrück	0:53:27	M55	17	0:53:09	- 10:13 10:28 10:36 10:55 10:56	11,29 km/h
211	484	Piehl Marco		0:53:33	M50	32	0:53:07	- 10:59 10:30 10:56 10:36 10:04	11,30 km/h
212	41	Beutler Andreas	*Drensteinfurt	0:53:34	M45	31	0:53:08	- 10:29 10:21 10:33 10:46 10:57	11,29 km/h
213	82	Schweck Bernd	*Warendorf	0:53:38	MHK	40	0:53:12	- 10:48 10:39 10:40 10:20 10:44	11,28 km/h
214	47	de Vaal André	Krötenwanderung Drenste	0:53:38	M35	15	0:53:14	- 10:31 10:31 10:40 10:48 10:42	11,27 km/h
215	138	Oester Thomas	H. Gautzsch	0:53:41	M50	33	0:53:24	- 10:30 10:38 10:59 11:02 10:13	11,24 km/h
216	472	Schürmann Mannix	IKSV Münster	0:53:44	M60	8	0:53:25	- 10:19 10:37 10:41 11:02 10:44	11,23 km/h
217	212	Rinsche Christian	*Hamm	0:54:03	M30	32	0:53:50	- 09:53 10:24 11:17 11:20 10:55	11,14 km/h
218	126	Schemmer Jürgen	*Münster	0:54:04	M50	34	0:53:42	- 10:35 10:39 10:43 11:05 10:39	11,17 km/h
219	518	Schulze Spüntrup Mark	*Schalksmühle	0:54:05	MHK	41	0:53:42	- 10:34 10:39 10:43 11:04 10:40	11,17 km/h
220	353	Hölker Oliver		0:54:11	M50	35	0:53:40	- 10:39 10:30 10:47 10:54 10:50	11,18 km/h
221	365	Rehr Wilfried		0:54:29	M50	36	0:54:01	- 10:20 10:24 10:54 11:22 10:59	11,11 km/h
222	479	Klein Karsten	DJK SC Nieberge	0:54:32	M50	37	0:54:10	- 10:49 10:44 10:52 11:05 10:39	11,07 km/h
223	264	Frielinghaus Yannick	*Münster	0:54:34	M30	33	0:54:08	- 11:06 10:47 11:07 11:18 09:49	11,08 km/h
224	253	Schweck Werner	WSU Warendorf	0:54:35	M60	9	0:54:09	- 10:47 10:40 10:43 10:53 11:04	11,08 km/h
225	181	Lindenau Stefan	*Köln	0:54:39	M30	34	0:54:15	- 10:54 10:52 10:46 11:02 10:40	11,06 km/h
226	135	Ilgner Uwe	H. Gautzsch	0:54:42	M45	32	0:54:18	- 10:51 10:46 10:50 10:52 10:59	11,05 km/h
227	24	Gondermann Gilbert	*Telgte	0:54:43	M50	38	0:54:20	- 10:49 10:53 10:57 11:01 10:40	11,04 km/h
228	510	Wesche Heiner		0:54:50	M50	39	0:54:29	- 10:26 10:31 11:08 11:19 11:03	11,01 km/h

ZfS-Münster-City-Run 2. Juli 2017

10 km

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Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
229	529	Dirksen Thomas		0:54:54	M50	40	0:54:28	- 10:40 10:41 10:56 11:14 10:55	11,02 km/h
230	262	Pöppelmann Kai	MS Cityrunner	0:54:56	M30	35	0:54:30	- 10:53 10:37 10:58 11:01 11:00	11,01 km/h
231	514	Wortkötter Daniel		0:54:57	M30	36	0:54:45	- 10:33 11:08 11:16 11:05 10:40	10,96 km/h
232	386	Bender Reinhard		0:55:05	M50	41	0:54:45	- 10:51 10:43 11:04 11:09 10:57	10,96 km/h
233	233	Fürstenberg René	*Münster	0:55:23	M35	16	0:55:00	- 10:37 10:52 11:08 11:23 10:59	10,91 km/h
234	320	Schütz Lars	H. Gautzsch	0:55:29	M35	17	0:55:11	- 10:44 10:47 11:04 11:33 11:01	10,87 km/h
235	319	Petersmann Daniel	H. Gautzsch	0:55:53	MHK	42	0:55:34	- 10:59 11:01 11:08 11:12 11:13	10,80 km/h
236	348	Huck Alexa	VfL Ahaus	0:55:56	M45	33	0:55:38	- 11:29 11:20 11:06 11:03 10:37	10,78 km/h
237	166	Scheller Klaus	BSG LVM Versicherung	0:56:02	M60	10	0:55:35	- 11:17 10:50 11:13 11:23 10:49	10,79 km/h
238	256	Ihne Sebastian	*Oldenburg	0:56:13	M30	37	0:55:53	- 10:54 10:51 11:10 11:15 11:40	10,74 km/h
239	525	Gutowski Thomas	BSG Provinzial	0:56:16	M50	42	0:55:59	- 10:32 11:04 11:28 11:50 11:03	10,72 km/h
240	177	Drerup Klaus	*Münster	0:56:16	M30	38	0:55:53	- 11:00 10:47 11:19 11:31 11:13	10,74 km/h
241	466	Welschheit Martin	Krötenwanderung Drenste	0:56:21	M50	43	0:55:59	- 11:00 11:09 11:28 11:25 10:55	10,72 km/h
242	109	Rutter Christoph	*Münster	0:56:34	M45	34	0:56:05	- 10:26 11:00 11:22 11:45 11:30	10,70 km/h
243	147	Kreienbaum Bernhard	LSF Münster	0:56:46	M75	1	0:56:38	- 10:53 11:17 11:19 11:38 11:29	10,59 km/h
244	325	Herrmann Ali	Realschule im Kreuzviertel	0:56:53	MU16	2	0:56:19	- 13:44 12:18 10:25 09:51 09:59	10,65 km/h
245	361	Pünsing Christopher	Ein Herz für die Dille e.V.	0:56:54	MHK	43	0:56:32	- 11:16 11:30 11:33 11:39 10:33	10,61 km/h
246	476	Böhm Marc		0:57:06	M45	35	0:56:37	- 11:35 11:21 11:11 11:18 11:09	10,60 km/h
247	37	Laznik Christoph	SV Tricity Darmstadt	0:57:20	M45	36	0:57:00	- 10:57 11:04 11:20 11:40 11:57	10,52 km/h
248	328	Gür Nils	Realschule im Kreuzviertel	0:57:24	MU18	4	0:57:11	- 10:31 11:29 11:55 12:23 10:52	10,49 km/h
249	119	Kastner Alexander	*Münster	0:57:27	MHK	44	0:57:09	- 11:07 11:23 11:31 11:37 11:31	10,50 km/h
250	467	Heming Rolf	Krötenwanderung Drenste	0:57:31	M45	37	0:57:08	- 11:07 11:10 11:28 11:41 11:40	10,50 km/h
251	384	Hosse Sven		0:57:59	M40	29	0:57:40	- 10:17 11:06 11:40 12:19 12:14	10,40 km/h
252	34	Reichelt Andreas	Firmengruppe Hermann Br	0:57:59	M60	11	0:57:38	- 11:29 11:37 11:42 11:38 11:11	10,41 km/h
253	158	Falke Thomas	BSG LVM Versicherung	0:58:08	M50	44	0:57:39	- 10:56 11:14 11:32 11:56 11:59	10,41 km/h
254	160	Hadler Erich	BSG LVM Versicherung	0:58:17	M50	45	0:57:46	- 11:22 11:38 11:35 11:37 11:32	10,38 km/h
255	378	Pröbsting Justus	Drei Eichen	0:58:19	MU16	3	0:58:06	- 10:11 11:02 11:55 12:26 12:30	10,33 km/h
256	267	Dondrup Steffen	*Münster	0:58:52	MHK	45	0:58:27	- 11:27 11:38 11:53 12:06 11:21	10,26 km/h
257	487	Lohälter Jens	BSG Iglo Reken	0:59:05	M40	30	0:58:33	- 10:53 10:56 12:09 12:13 12:21	10,25 km/h
258	322	Brune Karl-Heinz Dr.	LSF Münster	0:59:14	M70	2	0:59:02	- 11:01 11:32 11:50 12:15 12:21	10,16 km/h
259	327	Strogalski Florian	Realschule im Kreuzviertel	0:59:24	MU16	4	0:59:11	- 10:46 11:39 12:03 12:19 12:23	10,14 km/h
260	195	Vos Rudi	Renntier 69	0:59:52	M45	38	0:59:24	- 11:20 11:37 12:06 12:09 12:09	10,10 km/h
261	183	Aßmann Detlef	Bergbautraditionsverein A	1:00:01	M60	12	0:59:40	- 11:28 11:36 12:03 12:19 12:11	10,05 km/h
262	300	Kreimer Bernd	*Münster	1:00:01	M65	3	0:59:39	- 11:43 12:04 12:14 12:04 11:33	10,06 km/h
263	64	Cremers Jann-Frederik	*Münster	1:00:17	M35	18	0:59:53	- 11:20 11:30 12:02 12:24 12:34	10,02 km/h
264	303	Golsong Johannes	*Münster	1:00:18	M35	19	0:59:54	- 11:20 11:31 12:01 12:25 12:35	10,02 km/h
265	226	Päuler Simon	COLER GmbH & Co. KG	1:00:21	M30	39	1:00:00	- 11:00 12:00 13:00 12:08 11:50	10,00 km/h
266	57	Höfer Carsten	Frauenversteher	1:00:21	M45	39	1:00:07	- 11:29 11:47 12:17 12:38 11:55	9,98 km/h
267	75	Manke Hans-Peter	Greven	1:00:24	M70	3	0:59:59	- 11:29 11:40 12:06 12:13 12:28	10,00 km/h
268	237	Schwartze Martin	*Warendorf	1:00:44	M60	13	1:00:19	- 11:50 11:23 11:59 12:18 12:48	9,95 km/h
269	283	Böwing Manuel	*Münster	1:01:13	M30	40	1:00:47	- 11:09 11:45 12:22 12:50 12:40	9,87 km/h
270	227	Götting Nils	COLER GmbH & Co. KG	1:01:23	MHK	46	1:01:04	- 10:48 12:13 13:01 12:47 12:13	9,83 km/h
271	248	Seidlitz Matthias	*Münster	1:02:12	M50	46	1:01:43	- 12:15 12:29 12:22 12:08 12:27	9,72 km/h
272	370	Queck Michael	SV Adler Münster	1:02:17	M45	40	1:01:57	- 10:53 11:54 12:33 13:18 13:17	9,69 km/h
273	388	Porschen Christian		1:02:51	MHK	47	1:02:21	- 11:59 12:30 12:59 12:41 12:11	9,62 km/h
274	317	Kleindiek Hans-Werner	H. Gautzsch	1:03:19	MHK	48	1:02:54	- 12:38 12:16 12:32 12:44 12:42	9,54 km/h
275	496	Velling Dirk		1:04:07	M45	41	1:03:50	- 12:24 12:31 13:07 13:16 12:30	9,40 km/h
276	329	Baron Jamie	Realschule im Kreuzviertel	1:06:32	MU16	5	1:05:59	- 13:44 12:17 13:10 13:31 13:15	9,09 km/h
277	97	Bertram Wolfgang	Heimatstube Lerbach e.V.	1:06:33	M70	4	1:06:20	- 12:14 13:01 13:39 13:47 13:37	9,04 km/h
278	326	Peperhove Mirca	Realschule im Kreuzviertel	1:07:24	MU18	5	1:07:12	- 10:46 12:55 15:21 14:36 13:32	8,93 km/h
279	330	Sumowski Klaus	Realschule im Kreuzviertel	1:07:32	M50	47	1:06:58	- 13:45 13:45 12:43 13:03 13:40	8,96 km/h
280	523	Hohm Marcel	Laufen rund um Münster	1:12:07	MHK	49	1:11:52	- 13:35 14:05 14:36 15:12 14:22	8,35 km/h

ZfS-Münster-City-Run 2. Juli 2017

10 km

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Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
1	4	Medhanti Gonfa Amete	Äthiopien	0:35:32	WHK	1	0:35:31	- 06:41 07:03 07:16 07:12 07:17	16,89 km/h
2	65	Baum Jana	Hamburger lauffladen	0:38:09	W30	1	0:38:07	- 07:19 07:33 07:45 07:48 07:40	15,74 km/h
3	1	Dörschel Christl	SG Wenden	0:38:12	W40	1	0:38:10	- 07:25 07:41 07:44 07:44 07:34	15,72 km/h
4	474	Straeten Frederike	LG Brillux Münster	0:38:28	WHK	2	0:38:27	- 07:24 07:28 07:45 07:54 07:53	15,60 km/h
5	213	Schmidt Sandra	LT Bittermark	0:39:18	W30	2	0:39:14	- 07:39 07:52 07:53 07:56 07:53	15,29 km/h
6	83	Buil Melina	Runners Point Run Club K	0:40:30	WHK	3	0:40:28	- 07:38 08:04 08:13 08:24 08:07	14,82 km/h
7	74	Kortmann Sonja	ASICSFrontrunner	0:40:38	WHK	4	0:40:36	- 07:51 08:03 08:12 08:15 08:13	14,78 km/h
8	90	Walter Katrin	LG Hamm	0:41:02	W35	1	0:40:59	- 07:44 08:13 08:17 08:25 08:19	14,63 km/h
9	382	Backsmann Sarah	LG Brillux Münster	0:41:13	WHK	5	0:41:10	- 08:11 08:19 08:22 08:20 07:55	14,57 km/h
10	39	Hinze-Thüs Katja	SG Wenden	0:41:18	W45	1	0:41:14	- 07:57 08:04 08:19 08:27 08:26	14,55 km/h
11	321	Lennartz Farina	LSF Münster	0:42:57	WHK	6	0:42:53	- 08:10 08:33 08:49 08:50 08:29	13,99 km/h
12	341	Genen Hannah	HSP Triathlon	0:43:34	WHK	7	0:43:20	- 08:37 08:42 08:43 08:48 08:28	13,84 km/h
13	241	Bonmann Sarah	*Senden	0:43:42	WU16	1	0:43:37	- 08:40 08:39 08:42 08:56 08:38	13,76 km/h
14	165	Mayerhoffer Magda	BSG LVM Versicherung	0:43:49	WHK	8	0:43:37	- 08:20 08:42 08:50 08:57 08:46	13,75 km/h
15	200	Teutemacher Lena	LG Emsdetten	0:43:50	WHK	9	0:43:44	- 08:30 08:47 08:48 08:51 08:46	13,72 km/h
16	42	Artz Annette	HSP Münster Laufteam	0:44:33	W30	3	0:44:25	- 09:01 09:01 08:57 08:53 08:32	13,51 km/h
17	313	Baumeister Cosima	H. Gautzsch	0:45:27	WHK	10	0:45:11	- 09:32 08:59 09:06 08:57 08:35	13,28 km/h
18	242	Roth Rebecca	*Senden	0:45:46	WU18	1	0:45:40	- 08:46 08:56 09:20 09:22 09:14	13,13 km/h
19	455	Kloppenborg Petra	LG Emsdetten	0:45:52	W50	1	0:45:46	- 08:43 09:07 09:11 09:18 09:25	13,11 km/h
20	87	Menßen Barbara	Lauftreff Hohenholte	0:47:07	W40	2	0:46:46	- 09:23 09:24 09:25 09:24 09:09	12,83 km/h
21	522	Köhr Antonia	Marathon Steinfurt	0:47:09	WU18	2	0:47:01	- 08:50 09:19 09:41 09:46 09:22	12,76 km/h
22	311	Altmeier Judith	*Münster	0:47:11	W30	4	0:47:01	- 09:09 09:16 09:29 09:34 09:31	12,76 km/h
23	294	Deschka Katrin	*Münster	0:47:15	W35	2	0:47:06	- 08:56 09:21 09:26 09:38 09:42	12,74 km/h
24	495	Klem Svenja	LSF Münster	0:47:48	WHK	11	0:47:40	- 09:14 09:26 09:36 09:46 09:36	12,58 km/h
25	188	Koop Katharina	*Münster	0:48:17	WHK	12	0:48:04	- 09:16 09:31 09:34 09:52 09:49	12,48 km/h
26	350	Dumke Vanessa		0:48:32	WHK	13	0:48:28	- 08:58 09:35 09:57 10:04 09:51	12,38 km/h
27	125	Averdung Nadine	SV Teuto Riesenbeck	0:48:44	W40	3	0:48:26	- 09:44 09:43 09:45 09:39 09:33	12,38 km/h
28	69	Dierkes Sandra	LV Oelde	0:48:52	W40	4	0:48:35	- 09:33 09:44 09:51 09:44 09:41	12,35 km/h
29	107	Bitthöfer Tatjana	Dortmund	0:49:52	W40	5	0:49:45	- 09:26 09:50 10:09 10:08 10:11	12,06 km/h
30	459	Gomes Rosa	LSF Münster	0:50:23	W50	2	0:50:16	- 09:38 09:53 10:06 10:20 10:17	11,94 km/h
31	531	van Pareren Christine	Vegan Runners Nederland	0:51:25	W65	1	0:51:06	- 10:26 10:04 10:08 10:17 10:09	11,74 km/h
32	314	Baumeister Charlotte	H. Gautzsch	0:51:26	WHK	14	0:51:12	- 09:33 09:48 10:16 10:45 10:47	11,72 km/h
33	196	Backsmann Isabell	*Münster	0:51:38	WHK	15	0:51:32	- 10:04 10:16 10:18 10:27 10:25	11,64 km/h
34	286	Rudde Tanja	*Münster	0:51:42	WHK	16	0:51:16	- 10:26 10:30 10:36 10:36 09:06	11,70 km/h
35	355	Schwarze Katja	HSC Alswede	0:51:43	W45	2	0:51:10	- 10:27 10:21 10:14 10:20 09:46	11,72 km/h
36	254	Köster Johanna	*Münster	0:51:44	WHK	17	0:51:36	- 09:28 10:08 10:29 10:50 10:39	11,63 km/h
37	310	Thiemann Madlen	*Münster	0:51:52	WHK	18	0:51:41	- 10:04 10:12 10:23 10:36 10:24	11,61 km/h
38	345	Busch Andrea Elisabeth		0:51:56	W30	5	0:51:44	- 09:35 10:06 10:29 10:54 10:37	11,60 km/h
39	516	Surma Anna		0:52:33	WHK	19	0:52:05	- 10:21 10:21 10:18 10:38 10:25	11,52 km/h
40	136	Lammerding-Suntrup Ines	H. Gautzsch	0:52:35	W45	3	0:52:16	- 10:19 10:27 10:29 10:34 10:25	11,48 km/h
41	174	Janke Lena	*Münster	0:52:38	WHK	20	0:52:25	- 09:16 10:06 10:59 10:58 11:03	11,44 km/h
42	285	Müller Esther	*Münster	0:52:40	WHK	21	0:52:14	- 10:26 10:30 10:36 10:36 10:03	11,49 km/h
43	162	Kreimer Janine	BSG LVM Versicherung	0:52:55	W35	3	0:52:39	- 09:54 10:29 10:37 10:47 10:51	11,39 km/h
44	245	Wermers Anna Cathrin	*Münster	0:53:13	WHK	22	0:52:44	- 10:44 10:41 10:32 10:30 10:15	11,37 km/h
45	247	Baron Lisa	*Münster	0:53:17	W30	6	0:53:06	- 09:38 10:12 10:48 11:10 11:16	11,30 km/h
46	357	Lehmann Janne Marleen	LG Ems Warendorf	0:53:50	WU20	1	0:53:41	- 09:28 10:53 11:13 11:15 10:50	11,18 km/h
47	61	Kania Sabine	Laufen rund um Münster	0:53:55	W50	3	0:53:27	- 10:56 10:43 10:50 10:30 10:26	11,22 km/h
48	94	Reißmann Denise	LSF Münster	0:54:10	WHK	23	0:53:42	- 10:56 10:46 10:49 10:40 10:29	11,17 km/h
49	498	Reilly Marion		0:54:11	W50	4	0:53:37	- 10:34 10:31 10:47 10:54 10:50	11,19 km/h
50	111	Topf Daniela	Aktiv Fitness Club -Crazy-	0:54:23	W40	6	0:54:07	- 10:34 10:42 10:44 10:57 11:08	11,09 km/h
51	249	Rieke Manuela-Maria	*Münster	0:55:05	WHK	24	0:54:37	- 10:56 11:00 11:20 11:04 10:16	10,98 km/h
52	251	Müller Bianka	*Senden	0:55:17	W40	7	0:54:48	- 11:01 10:56 10:55 11:08 10:46	10,95 km/h
53	301	Koops Rike	*Münster	0:55:19	W30	7	0:55:00	- 10:51 10:36 11:04 11:25 11:03	10,91 km/h
54	198	Albrecht Kirstin	*Münster	0:55:20	WHK	25	0:55:09	- 09:52 10:40 11:10 11:50 11:36	10,88 km/h
55	175	Coenen Hannah	*Münster	0:55:23	WHK	26	0:54:52	- 11:15 10:47 11:06 11:03 10:40	10,93 km/h
56	207	Huesmann Annika	*Köln	0:55:24	WHK	27	0:55:07	- 10:53 11:07 11:12 11:11 10:42	10,88 km/h
57	526	Bleister Lilly	Flitzmäuse	0:55:26	W35	4	0:54:56	- 11:07 10:55 10:59 11:09 10:44	10,92 km/h

ZfS-Münster-City-Run 2. Juli 2017

10 km

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
58	263	Heise Jil	*Münster	0:55:28	WHK	28	0:55:01	- 11:05 10:48 11:07 11:18 10:42	10,90 km/h
59	239	Winkler Melanie	*Drensteinfurt	0:55:30	W30	8	0:55:16	- 10:54 11:01 11:11 11:14 10:54	10,85 km/h
60	51	Neibecker Nadine	*Münster	0:55:45	WHK	29	0:55:13	- 11:00 11:07 11:10 11:07 10:47	10,86 km/h
61	304	Brosig Carolin	*Münster	0:56:09	W35	5	0:55:49	- 10:40 11:08 11:20 11:25 11:13	10,75 km/h
62	371	Fennhoff Kathrin		0:56:26	W30	9	0:56:07	- 10:40 11:10 11:20 11:33 11:22	10,69 km/h
63	194	Deters Barbara	*Münster	0:56:32	W45	4	0:56:08	- 10:59 11:24 11:16 11:21 11:06	10,69 km/h
64	81	Plaskaty Kathrin	LG-Ems- Warendorf	0:56:46	W35	6	0:56:21	- 10:47 10:46 11:22 11:39 11:44	10,65 km/h
65	284	Bromenne Lisa	*Münster	0:56:54	WHK	30	0:56:28	- 10:35 10:47 11:06 12:21 11:38	10,62 km/h
66	281	Gosen Carolin	*Münster	0:57:07	WHK	31	0:56:56	- 10:08 11:20 11:49 12:01 11:36	10,54 km/h
67	394	Rölver Maria		0:57:25	W30	10	0:56:58	- 11:11 11:14 11:33 11:35 11:23	10,53 km/h
68	117	Watermeyer Johanna	*Münster	0:57:27	WHK	32	0:57:09	- 11:07 11:22 11:31 11:37 11:31	10,50 km/h
69	360	Janßen Kira	Ein Herz für die Dille e.V.	0:57:38	WHK	33	0:57:17	- 11:17 11:30 11:33 11:39 11:17	10,47 km/h
70	307	Sandhowe Sarah	*Dülmen	0:57:45	WHK	34	0:57:38	- 10:29 10:59 12:02 12:11 11:55	10,41 km/h
71	32	Feldmann Janina	*Greven	0:57:52	WHK	35	0:57:41	- 10:21 11:03 12:03 12:11 12:01	10,40 km/h
72	369	Klatt Carina		0:58:08	W35	7	0:57:50	- 10:51 11:07 11:45 12:10 11:55	10,37 km/h
73	167	Segert Elke	BSG LVM Versicherung	0:58:17	W50	5	0:57:47	- 11:22 11:38 11:35 11:37 11:32	10,38 km/h
74	268	von Hofe Henrike	*Münster	0:58:52	WHK	36	0:58:27	- 11:27 11:38 11:52 12:07 11:21	10,26 km/h
75	225	Bejfort Olga	COLER GmbH & Co. KG	0:58:53	WHK	37	0:58:34	- 10:48 11:19 11:55 12:30 12:01	10,24 km/h
76	460	Leifeld Bridget	Bridget's Barbecue Buddies	0:58:55	W45	5	0:58:22	- 11:02 11:39 11:59 12:13 11:27	10,28 km/h
77	93	Berhorst Birgit	*Dabendorf	0:59:10	W55	1	0:58:46	- 11:59 11:56 11:48 11:40 11:22	10,21 km/h
78	468	Riepl Julia	Krötenwanderung Drenste	0:59:18	W35	8	0:58:55	- 11:28 11:43 12:07 11:57 11:39	10,18 km/h
79	324	Kowalizyk Dorota	Realschule im Kreuzviertel	0:59:20	W35	9	0:59:06	- 11:09 11:45 11:56 12:04 12:11	10,15 km/h
80	56	Höfer Maike	Frau Höfer läuft	1:00:21	W40	8	1:00:07	- 11:29 11:47 12:17 12:37 11:55	9,98 km/h
81	171	Kremer Barbara	SV Rinkerode	1:00:21	W35	10	0:59:54	- 11:52 11:50 11:58 12:07 12:06	10,02 km/h
82	381	Eping Marina		1:00:24	W30	11	0:59:54	- 11:32 11:52 12:14 12:24 11:51	10,01 km/h
83	309	Husch Jessica	*Münster	1:00:46	W30	12	1:00:30	- 11:16 11:43 12:08 13:06 12:17	9,92 km/h
84	302	Wodrig Carolin	*Münster	1:00:48	W30	13	1:00:32	- 11:10 12:06 12:22 12:39 12:12	9,91 km/h
85	244	Hildt Kathrin	*Münster	1:00:52	WHK	38	1:00:23	- 11:02 11:54 12:21 12:47 12:18	9,94 km/h
86	223	Lohe Janine	COLER GmbH & Co. KG	1:01:18	WHK	39	1:00:57	- 10:59 12:00 13:00 12:47 12:08	9,84 km/h
87	292	Schröder Theresa	Laufteam Schröder	1:01:18	WHK	40	1:01:07	- 11:42 11:57 12:17 12:36 12:34	9,81 km/h
88	272	Westbeld Christina	*Münster	1:01:24	W30	14	1:00:52	- 12:15 12:02 11:49 12:14 12:30	9,86 km/h
89	517	Wilbrand Melanie		1:01:24	W40	9	1:00:55	- 12:36 11:51 11:47 12:14 12:24	9,85 km/h
90	336	Stienemann Kerstin	BSG LVM Versicherung	1:01:53	WHK	41	1:01:21	- 12:15 12:02 11:50 12:31 12:41	9,78 km/h
91	190	König Amelie	*Münster	1:02:51	WHK	42	1:02:21	- 11:59 12:30 12:58 12:41 12:11	9,62 km/h
92	50	Twiehaus Ingrid	Marathon Ibbenbüren	1:03:30	W55	2	1:03:18	- 11:24 12:13 12:48 13:26 13:26	9,48 km/h
93	273	Westbeld Sarah	*Münster	1:03:39	WHK	43	1:03:08	- 12:15 12:06 12:17 12:58 13:30	9,50 km/h
94	380	Velling Anna-Merle		1:04:04	WU20	2	1:03:47	- 12:24 12:32 13:08 13:16 12:26	9,41 km/h
95	377	Heger Lindsey		1:05:16	W60	1	1:05:08	- 11:24 12:31 13:37 13:58 13:36	9,21 km/h
96	170	Löchter Judith	*Greven	1:07:04	W35	11	1:06:37	- 12:34 13:02 13:44 13:49 13:27	9,00 km/h
97	176	Hejkal Judit	*Münster	1:07:27	W30	15	1:07:05	- 12:07 13:09 14:02 14:25 13:20	8,94 km/h
98	204	Schulze Weischer Regina	*Münster	1:07:52	W50	6	1:07:29	- 13:00 13:37 13:31 13:35 13:45	8,89 km/h
99	205	Palm Maike	*Münster	1:07:52	WHK	44	1:07:30	- 13:00 13:37 13:31 13:35 13:45	8,89 km/h
100	14	Lingenhoff Nicole	*Münster	1:10:50	W35	12	1:10:29	- 13:01 13:50 14:38 14:40 14:17	8,51 km/h
101	346	Schwartz Elisabeth		1:11:19	W55	3	1:10:56	- 13:56 14:16 14:26 14:38 13:38	8,46 km/h
102	347	Schwartz Annette	LG Ems Warendorf	1:11:19	WHK	45	1:10:56	- 13:55 14:17 14:25 14:38 13:38	8,46 km/h
103	217	Tankiewicz Stephanie	ZfS	1:15:09	W30	16	1:14:56	- 13:55 14:58 15:25 15:40 14:56	8,01 km/h
104	214	Cwynar Yvonne	*Münster	1:15:09	WHK	46	1:14:56	- 13:55 14:57 15:25 15:39 14:57	8,01 km/h
105	280	Bednarczyk Dominika	*Münster	1:17:31	W30	17	1:17:10	- 14:28 15:27 15:54 15:59 15:20	7,78 km/h